## **Week of Respect**

#### October 1st - 5th

During the Week of Respect, students will engage in activities that will teach them the importance of "RESPECT" in their lives, at school and in their community.

#### **Mindful Monday October 1st**

Practice mindful breathing and brain breaks in your classroom today, so you can have a healthy mindset. Wear comfortable clothes (sneakers, sweatpants, yoga pants, etc.)

### **TUESDAY October 2nd WRAP DAY**

"We Respect All People"

Wear something that represents your culture, interests or talents (think of your heritage, sports teams, scouts, hobbies, etc). Get to know our new students by practicing our **SOAR** motto **S**mile and say Hello, **O**ffer help, **A**ccept everyone, and **R**each out

### Wednesday October 3rd Hat Day

Think before you act with a crazy hat!



Melissa Straub, cyber safety expert, will meet with grades 3-6 to discuss digital citizenship

# Thursday October 4th Poetry Pajama Day

## **Find Joy in Poetry**

Feel calm and cozy while you use poetry to bring happiness to yourself and others. Get to know Janet Wong, an award winning author and poetry anthologist, who will be visiting CHS on 10/9 and RS on 10/10 to teach us more about the joy of poetry.

https://www.janetwong.com/

# FRIDAY October 5th School Pride day

Wear school colors or spirit wear (Blue & gold/yellow for Roosevelt) (Red & White for Cherry Hill)

We are a family that takes care of eachother. Our students will watch the buddy bench video and review rules and guidelines for the bench.

Thank You!!
Janel Blake & Tara Benevento
Pupil Assistance Counselors